

Messy Play is essential for children's cognitive and physical development through the process of exploration, creativity and imagination.

## Soap Slime

### Ingredients

2 cups Lux Flakes  
2 litres hot water  
Food colouring – if desired

### Method

Mix together in a container and let stand until cool enough to touch. The longer you let it stand the thicker it becomes. Add more water for a thinner consistency. Use on a flat surface such as a table or put in a shallow tray.



## Erupting Volcano

### Method

Use Bi-Carbonate Soda and Vinegar to create an awesome chemical reaction! Watch as it rapidly fizzes over the container and make sure you've got some towels ready to clean up or sit it in a tray.

Make volcano by pouring some Bi-Carbonate Soda into a 300ml plastic bottle (use enough Bi-Carbonate to  $\frac{1}{4}$  fill the bottle). Pour white vinegar into the bottle until it starts bubbling out. Keep adding more vinegar to continue the bubbling. You may like to add a few drops of food colouring before pouring in the vinegar. You can also make a volcano shape using Playdough or salt dough and mould it around the bottle.

## Salt Dough

### Ingredients

1 cup salt  
2 cups plain flour  
1 cup water

### Method

Mix dry ingredients, add water and stir. Knead mixture until it forms a dough consistency. Make your creations or use cookie cutters to make shapes. Bake in oven at 180 degrees until dough has dried. The amount of time needed depends on the size and thickness of the salt dough creations. Salt dough shapes can also be air dried. Once dry, decorate with paint.



## Rainbow Spaghetti Pasta

Cook a packet (or as much as required) of dry spaghetti as per usual instructions. Once cooked, rinse with cool water.

Add a quantity of cooked pasta and several drops of food colouring into a snap lock bag, then seal and shake.

You may like to make a few different colours.

Have fun with the pasta by trying to pull the long spaghetti pieces until they break. Use plastic scissors to cut the pasta, squish the pasta with your hands, add a little water and turn the texture from sticky to slimy.



## Jelly Playdough

Add some jelly crystals to a basic Playdough recipe and create a smooth and soft textured Playdough.

### Ingredients

1 cup plain flour  
1 tbsp oil  
1 cup warm water  
½ cup salt  
2 tsp cream of tartar  
1x 85g Packet Jelly Crystals

### Method

- Pour all dry ingredients (flour, salt and cream of tartar) together in a saucepan.
- Add 185g jelly packet to warm water and stir until mostly dissolved.
- Add jelly water and oil to the dry ingredients.
- Whisk the ingredients together well.
- Cook over medium heat, constantly stirring until it becomes a thick blob.
- Turn out onto a clean surface and knead into a smooth ball. Be careful, the Playdough will be very hot! Use a little bit of flour if the play dough is too sticky.
- Store in a plastic zip lock bag or air tight container in the fridge.



## Gloop

### Ingredients

2 cups Cornflour  
Cold Water  
Food Colouring

### Method

Add water gradually to cornflour until it is smooth and runny enough to be dribbled.  
Add food colouring if desired.

